



# Four Forest

## ASC ACTIVITIES BLOCK B 2025

REGISTRATIONS  
OPEN JANUARY  
6th AND CLOSE  
JANUARY 10th

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Four Forest



## **Introducing Our 10-Week After-School Activities Program**

We are excited to announce a new structure for our after-school activities program, designed to optimize participation and learning capabilities. Activities will now run in 10-week blocks, allowing students to fully immerse themselves in their chosen courses while offering flexibility to explore new interests throughout the year.

### **Why the 10-Week Block Structure?**

The shorter, focused duration of our blocks promotes better engagement and allows students to balance their interests with academic commitments. This format also provides the opportunity to explore a variety of activities over the course of the year

### **Key Features of the Program**

- **Limited Spaces for Enhanced Learning:** Each course has a defined capacity to ensure an optimal environment for all participants. Spaces are allocated on a first-come, first-served basis.
- **10-Week Commitment:** Registrations are now made per 10-week block, allowing parents and students to evaluate their participation on a more manageable timeline.
- **Mid-Block Entry:** Students may join mid-block if spaces are available, ensuring flexibility while maintaining group continuity.

### **Expert-Led Activities**

All activities will be coached and taught by professionals who specialize in their respective fields. Each course is conducted by trusted external companies, carefully selected by Four-Forest to ensure the highest quality instruction and enriching experiences for our students.

### **Cancellations and Refunds**

As we are running the program in 10-week blocks, cancellations will not be necessary to submit. Before the end of the 10-week block, a new schedule will be sent out for you to sign-up for. However, if you wish to cancel during the 10-week block please get in touch with us via email.

### **Cancellations and Refunds**

Refunds are not applicable for absences or withdrawals made after the block begins.

### **Contact Us**

For any inquiries regarding our after-school activities program, please contact the Four-Forest ASC Coordinator, or our management assistant. We are here to assist you and ensure your child has a rewarding experience.

#### **Contact Information:**

Four-Forest Luzern

Alisa Beul, Management Assistant  
office-luzern@four-forestschoo.ch

Charlotte Mills, ASC Coordinator  
charlotte.mills@four-forestschoo.ch

## Important Information

### Club Minimum Participation Requirements

All clubs listed above (excluding football) require a minimum of 5 participants to run. Football requires a minimum of 10 participants to run effectively and provide proper training. If the minimum number of students is not met, the club will not run during the 10-week allocated block.

### Club Rotation During the School Year

Successful clubs with significant interest will be incorporated into Block C. For example, karate offered during Block B for Dinos/KG2 students will shift to G1/G2 students in Block C.

If significant interest is expressed in an ASC it is possible to add a second class. However, please keep in mind that lessons would be back-to-back. For example:

**Tuesday Karate Dinos & KG2 15:15 - 16:15 & G1 & G2 16:15 - 17:15**

### Trials

The starting week of activities will serve as a trial period. No additional trials will be held during the 10-week block. However, students are welcome to join clubs during the 10-week period if space is available.

### Parent Pick-Up Information

If your child is signed up for an ASC activity, please ensure you arrive on time for pick-up. If you anticipate being late, please call ahead. If your child is not picked up on time after their club ends, they will be sent to ASC care, where additional charges will apply. The school closes at **18:00 PM**, so it is essential that all parents arrive before **17:50 PM**.

### If Your Child Is Signed Up for Both an ASC Activity and ASC Care

If you require additional care for your child after their activity concludes, please ensure they are registered for ASC care until 18:00 PM. If not, they will be added to a casual attendance list, and fees will be incurred every 15 minutes. **For clarification:** If your child is signed up for ASC care until 18:00 PM but is participating in a club that ends at 16:30, you will only be billed from 16:30 onwards for ASC care.

If you would like to visit the website of the companies we will be working with during Block B please visit the links below.

Masterplan AcadeME: <https://ch.masterplanacademe.com/>

Young Engineers: <https://youngeng.ch/>

Spark Science: <https://www.sparkscience.ch/>

Tanhaus Luzern: <https://www.tanzhausluzern.ch/>

Simply Theatre: <https://simplytheatre.com/>

# Weekly Timetable

Day	ASC Offer	Grade	Staff
Monday	Spark Science	KG2 & G1	External - Spark Science
Monday	Indoor Football	Grades 4 - 6	Internal - Michelle
Monday	Mini Movers	Teddies & Dinos	External - Masterplan
Tuesday	Karate	Dinos & KG2	External - Masterplan
Tuesday	Digital Art	Grades 1 - 3	External - Masterplan
Tuesday	Robotics	Grades 3 & 4	External - Masterplan
Wednesday	Lego Big Builders	Teddies & Dinos	External - YE
Wednesday	Lego Challenge	Grades KG2 & G1	External - YE
Wednesday	Coding	Grades 2 - 4	External - Masterplan
Thursday	Science	Grades 3 - 6	External - Masterplan
Thursday	Theatre Club	Teddies & Dinos	Internal - Diane
Thursday	Art Class	Dinos	External - Elena
Friday	Art Class	KG2 & G1	External - Elena
Friday	French Class	Grades 2 - 4	Internal - Hugo
Friday	Robotics	Grades 1 - 3	External - Masterplan

# Yearly Overview

Month	Dates	Important Monthly Information	Block
January	13 <sup>th</sup> – 31 <sup>st</sup>	Start of Block B Trial week 13 <sup>th</sup> - 17 <sup>th</sup>	B
February	3 <sup>rd</sup> – 21 <sup>st</sup>	No Spark Science Monday 17 <sup>th</sup> (additional class April 14 <sup>th</sup> ) Holidays 22 <sup>nd</sup> – 9 <sup>th</sup>	B
March	17 <sup>th</sup> – 31 <sup>st</sup>	No ASC Activities 10 <sup>th</sup> – 14 <sup>th</sup>	B
April	1 <sup>st</sup> – 11 <sup>th</sup>	Last Spark Science on the 14 <sup>th</sup> No ASC activities 14 <sup>th</sup> - 17 <sup>th</sup> Holidays 18 <sup>th</sup> – 4 <sup>th</sup> End of Block B	B
May	1 <sup>st</sup> – 28 <sup>th</sup>	Start of Block C Long weekend 29 <sup>th</sup> – 1 <sup>st</sup>	C
June	5 <sup>th</sup> – 30 <sup>th</sup>	Long weekend 7 <sup>th</sup> – 9 <sup>th</sup> Long weekend 19 <sup>th</sup> – 22 <sup>nd</sup>	C
July	1 <sup>st</sup> – 4 <sup>th</sup>	End of Block C Summer holidays	C
August	18 <sup>th</sup> – 29 <sup>th</sup>	Start of Block A 18 <sup>th</sup> – 22 <sup>nd</sup> No ASC activities Trial week 25 <sup>th</sup> - 29 <sup>th</sup>	A
September	1 <sup>st</sup> – 26 <sup>th</sup>	Holidays 27 <sup>th</sup> – 12 <sup>th</sup>	A
October	13 <sup>th</sup> – 31 <sup>st</sup>	13 <sup>th</sup> – 17 <sup>th</sup> No ASC activities	A
November	3 <sup>rd</sup> – 28 <sup>th</sup>	End of Block A	A

# Teddies & Dinos Program

## **Mini Movers (maximum 10 students)**

Who: Masterplan AcadeME

When: Monday 15:30 - 16:30

Language: German

Cost: 275

## **Karate (Dinos)**

Who: Masterplan AcadeME

When: Tuesday 15:15 - 16:15

Language: English

Cost: 275

## **Lego Big Builders**

Who: Young Engineers (YE)

When: Wednesday 12:30 - 13:30

Language: German

Cost: 250

## **Free Art Class (maximum 5 Dinos)**

Who: Elena

When: Thursday at 15:30 - 16:30

Language: English

Cost: FREE

## **Theatre Class (maximum 8 students)**

Who: Diane

When: Thursday at 15:30 - 16:30

Language: English

Cost: 250

# Kindergarten (KG2) Program

## **Spark Science (maximum 14 students)**

Who: Electric Emma

When: Monday 15:30 - 16:30

Language: English

Cost: 350

## **Karate**

Who: Masterplan AcadeME

When: Tuesday 15:15 - 16:15

Language: English

Cost: 275

## **Lego Challenge**

Who: Young Engineers (YE)

When: Wednesday 13:30 - 14:30

Language: German

Cost: 250

## **Free Art Class (maximum 5 students)**

Who: Elena

When: Friday 15:30 - 16:30

Language: English

Cost: FREE

# Grades 1 & 2 Program

## **Spark Science (G1) (maximum 14 students)**

Who: Electric Emma

When: Monday 15:30 - 16:30

Language: English

Cost: 350

## **Digital Art**

Who: Masterplan AcadeME

When: Tuesday 15:30 - 16:15

Language: English

Cost: 275

## **Lego Challenge**

Who: Young Engineers (YE)

When: Wednesday 13:30 - 14:30

Language: German

Cost: 250

## **Coding**

Who: Masterplan AcadeME

When: Wednesday 13:00 - 14:00

Language: English

Cost: 275

## **Robotics**

Who: Masterplan AcadeME

When: Friday

Language: English

Cost: 325 (including 50CHF material fee)



# Grades 3 & 4 Program

## **Indoor Football (G4 boys & girls)**

Who: Michelle Oegerli

When: Monday 15:30 - 17:00 Maihof Turnhalle

Language: German

Cost: 150

## **Digital Art (G3)**

Who: Masterplan AcadeME

When: Tuesday 15:30 - 16:15

Language: English

Cost: 275

## **Coding (G3)**

Who: Masterplan AcadeME

When: Wednesday 13:00 - 14:00

Language: German

Cost: 275

## **Science Club**

Who: Masterplan AcadeME

When: Thursday 15:30 - 16:30

Language: English

Cost: 325 (including 50chf fee for materials)

## **Robotics**

Who: Masterplan AcadeME

When: Friday 15:30 - 16:15

Language: English

Cost: 325 (including 50chf fee for materials)

## **French Club (maximum 6 students)**

Who: Hugo

When: Friday 15:30 - 16:15

Language: French

Cost: 200

# Grades 5 & 6 Program

## **Indoor Football (boys & girls)**

Who: Michelle Oegerli

When: Monday 15:30 - 17:00 (Maihof Turnhalle)

Language: German

Cost: 150

## **Science Club**

Who: Masterplan AcadeMe

When: Thursday 15:30 - 16:30

Language: English

Cost: 325 (including 50chf fee for materials)

**Additional Courses are available for grades 5 & 6 on the next page**

# Additional Courses

## **Dance Classes**

For: Grades 1-3 & 4-6

Who: Tanzhaus Luzern

When: Weekly classes throughout class timetable (TBD)

Language: German

Cost: 250

*A message from the director of Tanzhaus*

Tanzhaus Luzern is a renowned dance studio in Lucerne, celebrated for its high-quality training and passion for dance. Our mission is to provide children, teens, and adults with a creative environment where they can develop their dance skills and nurture their love for movement. With a wide range of classes, from Kindertanz to pre-professional training, we focus on fostering both joy in dance and technical excellence.

We are thrilled to offer a new dance course led by Julia Rosser, one of our experienced teachers. Julia is a former professional dancer specializing in musical theatre. Her passion for movement has shaped her life since childhood, and the freedom and joy she finds in dance are values she loves to share with her students.

At Tanzhaus Luzern, Julia teaches Jazz, Lyrical, and Acro to dancers of all levels, from beginners to pre-professionals. With her expertise and enthusiasm, she inspires teens and adults to push their limits and discover the joy of dance in a fun and encouraging environment.

## **Theatre Classes**

For: Ages 7 - 10

Who: Simply Theatre

When: Monthly classes throughout class timetable (TBD)

Language: English

Cost: 250

We are excited to collaborate with Simply Theatre to offer monthly workshops led by their professional theatre teachers. These workshops follow Simply Theatre's unique curriculum, which is designed to guide students toward a common goal over the course of the year.

The program's primary objectives are to build confidence, foster a sense of structure, encourage collaboration within a group, and support individual growth within that group dynamic. Students will gain valuable tools and skills to deepen their interest in the arts while working together toward shared achievements.

## **Instruments (KG2 - G6)**

We are looking for ways to incorporate and meet demands for children interested in learning a musical instrument. We have teachers from Masterplan AcadeME on standby depending on the amount of interest. As these teachers will be coming to Four-Forest it is a must that there is a minimum amount of students interested. The lessons that can be provided are as follows guitar, violin, piano, and a music club. If you have genuine interest, please follow the link provided to we can try our best to accommodate these lessons.

